

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES / Rustica olives - ALC								Y							
BAGUETTE unsalted butter / Basket of stone-baked artisan baguette	Y Whe									Y					
BAGUETTE & DIPS / Artisan baguette with a selection of dips	Y Whe Rye Bar Oat								Y	Y				Y	
ANCHOVY APPETISER	Y Whe Rye			Y						Y					
CHEESE SOUFFLE	Y Whe								Y	Y					
MEDITERRANEAN FISH SOUP	Y Whe			Y					Y	Y				Y	

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CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y		Y	Y	
POTTED CORNISH CRAB with AVOCADO	Y Whe Rye	Y								Y	Y			Y	
INDIAN SPICED SAMOSAS	Y Whe						Y Cas								
MOROCCAN MEZZE PLATTER	Y Whe Bar						Y Cas	Y				Y	Y	Y	
ROAST CORNISH BEEF & COTTAGE PIE	Y Whe Bar							Y	Y	Y	Y			Y	
ROAST CORNISH LAMB & SHEPHERD'S PIE	Y Whe Bar							Y	Y	Y	Y			Y	
ROAST PORK SIRLOIN	Y Whe Bar							Y	Y	Y	Y			Y	
MALABAR FISH CURRY with TOASTED COCONUT	Y Whe	Y		Y								Y			
SALMON & SMOKED HADDOCK FISHCAKE, TARTARE SAUCE	Y Whe			Y					Y	Y				Y	
GUNPOWDER CHICKEN with PAPAYA SALAD	Y Whe						Y Cas	Y			Y	Y		Y	
DUCK LEG CONFIT with CITRUS SAUCE:										Y	Y			Y	
'LE GRAND' STEAK FRITES	Y Whe			Y						Y					
ADD A SAUCE : Butter Cafe de Paris				Y						Y					

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ADD A SAUCE: Béarnaise									Y	Y	Y			Y	
ADD A SAUCE: Pepper Sauce										Y				Y	
ADD A SAUCE: Roquefort	Y Whe									Y					
FREE RANGE CORNISH BEEF BURGER	Y Whe								Y		Y	Y		Y	
MOULES FRITES with Marinière Sauce	Y Whe		Y							Y	Y			Y	
MOULES FRITES with red Thai curry sauce	Y Whe	Y	Y												
MOROCCAN MEZZE PLATTER MC	Y Whe Bar						Y Cas	Y				Y	Y	Y	
FRENCH FRIES	Y Whe														
MINTED NEW POTATOES										Y					
MIXED SPRING GREENS										Y					
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
ROQUETTE & GRANA PADONO SALAD									Y	Y				Y	
SPINACH with Wyke Farm Cheddar sauce	Y Whe									Y					

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SWEET POTATO WEDGES zesty lime mayonnaise	Y Whe								Y						
THAI GREEN LEAF SALAD WITH CASHEWS							Y Cas				Y	Y			
PISTACHIO SOUFFLE	Y Whe						Y Pis	Y	Y	Y				Y	
PINK CHAMPAGNE RHUBARB & CUSTARD with CINDER TOFFEE									Y	Y				Y	
CHOCOLATE FEUILLANTINE	Y Whe Rye						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
JUDE'S ICE CREAM Choose from : Chocolate (Vegan)															
STICKY TOFFEE PUDDING, Normandy crème fraiche & crunchy nougatine	Y Whe				Y		Y Alm		Y	Y				Y	
JUDE'S ICE CREAM Choose from : Coconut (Vegan)															
JUDE'S ICE CREAM Choose from : Salted Caramel (Vegan)								Y							
JUDE'S ICE CREAM Choose from : Strawberry (Vegan)					Y		Y Unknown	Y							
JUDE'S ICE CREAM Choose from : Vanilla (Vegan)								Y							
JUDE'S SORBETS Blackcurrant															
JUDE'S SORBETS Chocolate								Y							
JUDE'S SORBETS Green Apple															
JUDE'S SORBETS Lemon															

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JUDE'S SORBETS Mango															
JUDE'S SORBETS Raspberry															
with Gavotte Biscuit	Y Whe Bar							Y		Y					
SELECTION of FIVE FRENCH CHEESES BB	Y Whe Rye Bar Oat					Y	Y Wal			Y	Y	Y		Y	

■ Yes
 ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios

Wal	Walnuts
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