

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
ANCHOVY APPETISER	Y <small>Whe Rye</small>			Y						Y					
ANCHOVY APPETISER WITH GLUTEN FREE BREAD				Y					Y	Y					
BAGUETTE & DIPS / Artisan baguette with a selection of dips	Y <small>Whe Bar</small>								Y	Y				Y	
BAGUETTE unsalted butter / Basket of stone-baked artisan baguette	Y <small>Whe Bar</small>									Y					
BASKET OF BREAD - GLUTEN FREE									Y						
BASKET OF BREAD - GLUTEN FREE WITH BUTTER									Y	Y					
BASKET OF BREAD - WITHOUT BUTTER	Y <small>Whe Bar</small>														
OLIVES / Rustica olives								Y							

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CHEESE SOUFFLE	Y Whe Bar								Y	Y					
HERITAGE TOMATO SALAD														Y	
MOROCCAN MEZZE PLATTER	Y Whe Bar						Y Cas	Y				Y	Y	Y	
CHICKEN LIVER PARFAIT	Y Whe				Y	Y	Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y		Y	Y	
CHICKEN LIVER PARFAIT WITH GLUTEN FREE BREAD									Y	Y	Y			Y	
MUSSELS with MARINIERE SAUCE (Starter)	Y Whe Bar		Y							Y	Y			Y	
MUSSELS with MARINIERE SAUCE (Starter) WITH GLUTEN FREE BREAD			Y						Y	Y	Y			Y	
MUSSELS with RED THAI CURRY SAUCE (Starter)	Y Whe Bar	Y	Y												
MUSSELS with RED THAI CURRY SAUCE (Starter) WITH GLUTEN FREE BREAD		Y	Y						Y						
MEDITERRANEAN FISH SOUP	Y Whe Bar			Y					Y	Y				Y	
MEDITERRANEAN FISH SOUP - GLUTEN FREE				Y					Y	Y				Y	
INDIAN SPICED SAMOSAS	Y Whe						Y Cas								

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GRILLED LIGHTLY SMOKED SALMON with BEETROOT & HORSERADISH				Y					Y	Y		Y		Y	
POTTED CORNISH CRAB with AVOCADO	Y Whe Rye	Y								Y	Y			Y	
POTTED CORNISH CRAB & AVOCADO WITH GLUTEN FREE BREAD		Y							Y	Y	Y			Y	
ESCARGOTS	Y Whe Bar		Y							Y					
ESCARGOTS WITH GLUTEN FREE BREAD			Y						Y	Y					
'LE GRAND' STEAK FRITES	Y Whe			Y						Y					
'LE GRAND' STEAK FRITES WITHOUT FRIES				Y						Y					
'LE GRAND' STEAK FRITES WITHOUT FRIES, CAFE DE PARIS & REGULAR BUTTER															
FILLET STEAK 8oz										Y					
CHATEAUBRIAND for TWO 16oz										Y					
ADD A SAUCE : Butter Cafe de Paris				Y						Y					
ADD A SAUCE: Béarnaise									Y	Y	Y			Y	
ADD A SAUCE: Pepper Sauce										Y				Y	
ADD A SAUCE: Roquefort	Y Whe									Y					
DUCK LEG CONFIT with CITRUS SAUCE:										Y	Y			Y	

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SMOKED PORK BELLY with GOOSEBERRY COMPOTE										Y				Y	
SALMON & SMOKED HADDOCK FISHCAKE, TARTARE SAUCE	Y Whe Bar			Y					Y	Y				Y	
FREE RANGE BEEF BURGER	Y Whe Rye								Y		Y	Y		Y	
ADD : Comte Cheese										Y					
ADD : Melted Blue Cheese										Y					
ADD : Bacon															
CRAYFISH & MANGO SALAD with crème fraîche new potatoes, lime & mint dressing		Y								Y		Y			
SLOW-COOKED BOEUF BOURGUIGNON	Y Bar									Y	Y			Y	
MOULES (Mussels) FRITES with Marinère Sauce	Y Whe Bar		Y							Y	Y			Y	
MOULES FRITES (Mussels) with Marinère Sauce WITHOUT FRIES			Y							Y	Y			Y	
MOULES (Mussels) FRITES with red Thai curry sauce	Y Whe Bar	Y	Y												
MOULES (Mussels) FRITES with red Thai curry sauce WITHOUT FRIES		Y	Y												
GRILLED SALMON FILLET with TOMATO HOLLANDAISE	Y Whe			Y					Y	Y	Y	Y		Y	
GRILLED SALMON FILLET with TOMATO HOLLANDAISE WITHOUT FRIES				Y					Y	Y	Y	Y		Y	

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MALABAR FISH CURRY with TOASTED COCONUT	Y Whe	Y		Y								Y			
MALABAR FISH CURRY with TOASTED COCONUT (WITHOUT CRISPY SHALLOTS)		Y		Y								Y			
LAMB TAGINE	Y Whe						Y Alm Pis	Y		Y	Y			Y	
LAMB TAGINE WITHOUT COUS COUS								Y		Y	Y			Y	
GUNPOWDER CHICKEN with PAPAYA SALAD	Y Whe						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			Y	Y		Y	
GRILLED COD with PRESERVED LEMON MARINADE & CHILLI SQUID			Y	Y					Y	Y				Y	
HERITAGE TOMATO & FETA SALAD	Y Whe Bar									Y				Y	
MOROCCAN MEZZE PLATTER (main course)	Y Whe Bar						Y Cas	Y				Y	Y	Y	
SWEETCORN & POTATO FRITTER								Y			Y	Y	Y	Y	
HARISSA- GLAZED AUBERGINE with BUTTERNUT SQUASH	Y Whe							Y					Y	Y	
FRENCH FRIES / CHIPS	Y Whe														
MINTED NEW POTATOES										Y					
SWEET POTATO FRIES	Y Whe														

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SPINACH with Wyke Farm Cheddar sauce	Y Whe									Y					
SUMMER COLESLAW SALAD								Y			Y	Y	Y	Y	
THAI GREEN LEAF SALAD WITH CASHEWS							Y Cas				Y	Y			
MIXED GREENS										Y					
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
CHERRY AMANDINE	Y Whe						Y Alm Pis		Y	Y				Y	
CHOCOLATE FEUILLANTINE	Y Whe Rye						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
STICKY TOFFEE PUDDING, Normandy crème fraiche & crunchy nougatine	Y Whe				Y		Y Alm		Y	Y				Y	
SUMMER BERRY PAVLOVA					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
PISTACHIO SOUFFLE	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	

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JUDE'S ICE CREAM Choose from : Chocolate (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S ICE CREAM Choose from : Coconut (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S ICE CREAM Choose from : Salted Caramel (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S ICE CREAM Choose from : Strawberry (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S ICE CREAM Choose from : Vanilla (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S SORBETS Blackcurrant					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Green Apple															
JUDE'S SORBETS Lemon					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								

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JUDE'S SORBETS Mango					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Raspberry					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
with Gavotte Biscuit	Y Whe Bar							Y		Y					
SELECTION of FIVE FRENCH CHEESES	Y Whe Rye Bar					Y	Y Alm Brz Cas Haz Mac Pec Pis Wal			Y	Y	Y	Y	Y	
SELECTION of FIVE FRENCH CHEESES WITHOUT BISCUITS & NUTS AND WITH GLUTEN FREE BREAD						Y			Y	Y	Y	Y		Y	
SELECTION of FIVE FRENCH CHEESES WITHOUT BISCUITS AND WITH GLUTEN FREE BREAD						Y	Y Wal		Y	Y	Y	Y		Y	
SELECTION of FIVE FRENCH CHEESES WITHOUT BISCUITS, NUTS, CHUTNEY AND WITH GLUTEN FREE BREAD									Y	Y					

Yes
 May Contain

	Allergen
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Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts

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