

# 2019 Non - Hotel Breakfast Menu

## Allergens Report

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens
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Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
FULL BREAKFAST : ENGLISH	Y <small>Whe Rye</small>							Y	Y	Y	Y			Y	
FULL BREAKFAST : VEGETARIAN	Y <small>Whe Rye</small>								Y		Y				
EGGS : BENEDICT (HAM)	Y <small>Whe</small>							Y	Y	Y	Y			Y	
EGGS : FLORENTINE (SPINACH)	Y <small>Whe</small>							Y	Y	Y	Y			Y	
EGGS : ROYALE (SMOKED SALMON)	Y <small>Whe</small>			Y				Y	Y	Y	Y			Y	
OMELETTE									Y	Y					
SCRAMBLED FREE-RANGE EGGS ON TOASTED SOURDOUGH	Y <small>Whe Rye</small>								Y	Y					

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
SMOKED SALMON & SCRAMBLED FREE-RANGE EGGS ON TOASTED SOURDOUGH	Y Whe Rye			Y					Y	Y					
ADD BANANAS															
ADD BERRIES										Y				Y	
ADD HONEY															
ADD NUTELLA							Y Haz	Y		Y					
Avocado on toast with poached free-range eggs; Pickering watercress, olive oil, chive & chilli dressing	Y Whe Rye								Y		Y			Y	
CINNAMON FRENCH TOAST	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y			Y	Y	
FRUIT PLATTER						Y				Y	Y				
HOUSE GRANOLA	Y Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal			Y			Y	Y	
BOULANGERIE : CROISSANT WITH BUTTER AND A SELECTION OF JAM	Y Whe						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
BOULANGERIE : PAIN AU CHOCOLATE	Y Whe				Y		Y Alm Brz Cas Haz Pec Pis Wal	Y	Y	Y					

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
BOULANGERIE : PAIN AUX RAISINS	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y			
MINI DANISH PASTRIES SELECTION (THREE EACH)	Y Whe				Y		Y Alm Brz Cas Haz Pec Pis Wal	Y	Y	Y					
EXTRAS : AVOCADO															
EXTRAS : BAKED BEANS															
EXTRAS : BLACK PUDDING	Y Unknown									Y	Y				
EXTRAS : CUMBERLAND SAUSAGES	Y Unknown							Y		Y				Y	
EXTRAS : FREE RANGE EGG									Y						
EXTRAS : NATURAL YOGURT POT										Y					
EXTRAS : SMOKED BACK BACON															

■ Yes    
■ May Contain

	Allergen
Whe	Wheat
Rye	Rye

Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts

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