

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES / Rustica olives								Y							
BAGUETTE unsalted butter / Basket of stone-baked artisan baguette	Y Whe Bar									Y					
BAGUETTE & DIPS / Artisan baguette with a selection of dips	Y Whe Bar							Y	Y		Y			Y	
ANCHOVY APPETISER	Y Whe Rye			Y						Y					
CHEESE SOUFFLE	Y Whe Bar								Y	Y					
MEDITERRANEAN FISH SOUP	Y Whe Bar			Y					Y	Y				Y	

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CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y		Y	Y	
MOULES / MUSSELS MARINIERE, BAGUETTE	Y Whe Bar		Y							Y	Y			Y	
INDIAN SPICED SAMOSAS	Y Whe						Y Cas								
BAKED SAINT-MARCELLIN CHEESE	Y Whe Rye									Y	Y				
MOROCCAN MEZZE PLATTER	Y Whe Bar						Y Cas	Y				Y	Y	Y	
ESCARGOTS / SNAILS	Y Whe Bar		Y							Y					
WILD MUSHROOM FRICASSEE	Y Whe Bar									Y				Y	
GRILLED LIGHTLY SMOKED SALMON WITH CURRIED CAULIFLOWER				Y						Y		Y		Y	
POTTED CORNISH CRAB with AVOCADO GUACAMOLE, prawn butter	Y Whe Rye	Y								Y				Y	
MARINATED / GLAZED CHICKEN with SWEET POTATO WEDGES	Y Whe							Y	Y					Y	
SALMON & SMOKED HADDOCK FISHCAKE with wilted spinach, kale & nutmeg in a cheddar cream sauce, toasted almonds	Y Whe Bar			Y			Y Alm		Y	Y		Y		Y	
MALABAR FISH CURRY with TOASTED COCONUT	Y Whe	Y		Y								Y			

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MOULES / MUSSELS MARINIERE, BAGUETTE & CHIPS	Y Whe Bar		Y							Y	Y			Y	
LAMB TAGINE	Y Whe						Y Alm Pis	Y		Y	Y			Y	
SLOW-COOKED BOEUF BOURGUIGNON	Y Bar									Y	Y			Y	
FREE RANGE CORNISH BEEF BURGER	Y Whe Rye								Y		Y	Y		Y	
ADD : Comte Cheese										Y					
ADD : Melted Blue Cheese										Y					
ADD : Bacon															
GRILLED SALMON FILLET with TOMATO HOLLANDAISE	Y Whe			Y					Y	Y	Y	Y		Y	
PAELLA VALENCIANA WITH RED MULLET & KING PRAWNS		Y	Y	Y		Y					Y				
MARINATED KING PRAWNS WITH BLACK RICE (Only for Chichester instead of Paella)		Y									Y				
BRITISH PHEASANT with CRANBERRY, GIROLLES & MUSCAT PUMPKIN										Y	Y			Y	
DUCK LEG CONFIT with BLACKBERRIES										Y	Y			Y	
SMOKED PORK BELLY with APPLE & CRACKLING										Y	Y			Y	
WILD MUSHROOM FRICASEE WITH POTATO, HERB & CHEESE GNOCCHI	Y Whe								Y	Y				Y	

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GRILLED CAULIFLOWER STEAK with TRUFFLE CREAM , TOASTED NUTS	Y Whe Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			Y			Y	
MOROCCAN MEZZE PLATTER (main course)	Y Whe Bar						Y Cas	Y				Y	Y	Y	
SWEETCORN & POTATO FRITTER								Y			Y	Y	Y	Y	
'LE GRAND' STEAK FRITES	Y Whe			Y						Y					
FILLET STEAK 8oz										Y					
CHATEAUBRIAND for TWO 16oz										Y					
ADD A SAUCE : Butter Cafe de Paris				Y						Y					
ADD A SAUCE: Béarnaise									Y	Y	Y			Y	
ADD A SAUCE: Pepper Sauce										Y				Y	
ADD A SAUCE: Roquefort	Y Whe									Y					
FRENCH FRIES / CHIPS	Y Whe														
DAUPHINOISE POTATO										Y	Y			Y	
SWEET POTATO FRIES	Y Whe														
WILTED SPINACH & KALE with Wyke Farm Cheddar sauce & almonds	Y Whe						Y Alm			Y					

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WINTER COLESLAW SALAD								Y			Y	Y	Y	Y	
BUTTERED GREEN BEANS										Y					
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
BRAMLEY APPLE & PEAR CRUMBLE							Y Alm			Y				Y	
STICKY TOFFEE PUDDING, Normandy crème fraiche & crunchy nougatine	Y Whe				Y		Y Alm		Y	Y				Y	
BLACKCURRANT PAVLOVA					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y				Y	
PISTACHIO SOUFFLE	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
CHOCOLATE INDULGENCE					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
JUDE'S ICE CREAM Choose from : Chocolate (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								

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JUDE'S ICE CREAM Choose from : Coconut (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S ICE CREAM Choose from : Salted Caramel (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S ICE CREAM Choose from : Strawberry (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S ICE CREAM Choose from : Vanilla (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							
JUDE'S SORBETS Blackcurrant					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Green Apple					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Lemon					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								

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JUDE'S SORBETS Mango					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
JUDE'S SORBETS Raspberry					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								
with Gavotte Biscuit (for Ice Creams & Sorbets)	Y Whe Bar							Y		Y					
SAINT-MARCELLIN CHEESE	Y Whe Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal			Y	Y			Y	

Yes
  May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts

Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts

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