

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
HOTEL FULL BREAKFAST : ENGLISH	Y <small>Whe Rye</small>							Y	Y	Y				Y	
HOTEL FULL BREAKFAST : VEGETARIAN	Y <small>Whe</small>							Y	Y	Y					
EGGS : BENEDICT (HAM)	Y <small>Whe</small>							Y	Y	Y	Y			Y	
EGGS : FLORENTINE (SPINACH)	Y <small>Whe</small>							Y	Y	Y	Y			Y	
EGGS : ROYALE (SMOKED SALMON)	Y <small>Whe</small>			Y				Y	Y	Y	Y			Y	
OMELETTE									Y	Y					
SCRAMBLED FREE-RANGE EGGS ON TOASTED SOURDOUGH	Y <small>Whe Rye</small>								Y	Y					

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
SMOKED SALMON & SCRAMBLED FREE-RANGE EGGS ON TOASTED SOURDOUGH	Y Whe Rye			Y					Y	Y					
ADD BANANAS															
ADD BERRIES										Y				Y	
ADD HONEY															
ADD NUTELLA							Y Haz	Y		Y					
Avocado on toast with poached free-range eggs;Pickering watercress, olive oil, chive & chilli dressing	Y Whe Rye								Y					Y	
FRUIT PLATTER						Y				Y	Y				
HOUSE GRANOLA	Y Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal			Y			Y	Y	
ADD BANANAS															
ADD BERRIES										Y				Y	
ADD HONEY															
ADD NUTELLA							Y Haz	Y		Y					
Avocado on toast with poached free-range eggs;Pickering watercress, olive oil, chive & chilli dressing	Y Whe Rye								Y					Y	

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CINNAMON FRENCH TOAST	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y			Y	Y	
FRUIT PLATTER						Y				Y	Y				
HOUSE GRANOLA	Y Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal			Y			Y	Y	
BOULANGERIE : CROISSANT WITH BUTTER AND A SELECTION OF JAM	Y Whe						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
BOULANGERIE : PAIN AU CHOCOLATE	Y Whe				Y		Y Alm Brz Cas Haz Pec Pis Wal	Y	Y	Y					
BOULANGERIE : PAIN AUX RAISINS	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y			
MINI DANISH PASTRIES SELECTION (THREE EACH)	Y Whe				Y		Y Alm Brz Cas Haz Pec Pis Wal	Y	Y	Y					
EXTRAS : AVOCADO															
EXTRAS : BAKED BEANS															
EXTRAS : BLACK PUDDING	Y Unknown														

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EXTRAS : CUMBERLAND SAUSAGES	Y Unknown							Y		Y				Y	
EXTRAS : FREE RANGE EGG									Y						
EXTRAS : NATURAL YOGURT POT										Y					
EXTRAS : SMOKED BACK BACON															
Cranberry Juice 1ltr 200ml															
Fresh Apple Juice															
Fresh Orange Juice															
Fresh Pink Grapefruit Juice															
Pineapple Juice 1ltr 200ml															

■ Yes
 ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts

Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts

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