

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Cucumber Gaspacho, lemon crème fraiche	Y <i>Whe Rye</i>									Y				Y	
Baby Gem leaf, Caesar dressing, grated grana & croutons	Y <i>Whe Bar</i>			Y					Y	Y		Y		Y	
POTTED MACKEREL horseradish & crème fraîche, toasted garlic croutons	Y <i>Whe Bar</i>			Y					Y	Y		Y		Y	
STEAK FRITES 'EXPRESS' / MINUTE STEAK	Y <i>Whe</i>									Y		Y		Y	
Chicken paillard (Basil Pesto), saute potatoes, courgette spaghetti , herb beurre blanc										Y				Y	
Herb crusted Cod fillet, Saffron sauce, puree potatoes, leeks	Y <i>Whe Bar</i>			Y						Y				Y	
Fresh Penne pasta, carrot, courgette & Celery, roast tomato sauce, with cheese										Y	Y			Y	

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Fresh Penne pasta, carrot, courgette & Celery, roast tomato sauce, without cheese											Y			Y	
CHOCOLATE & ORANGE MOUSSE almond crumble							Y Alm	Y	Y	Y		Y		Y	
Steamed lemon sponge pudding, confit lemon, lemongrass syrup	Y Whe													Y	
Poached cherries & Apple compote, Toasted almonds							Y Alm							Y	

■ Yes
 ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan

Pis	Pistachios
Wal	Walnuts

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