

Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Y = Contains

M = May Contain

Where an allergen is shown as M this dish MAY CONTAIN gluten. Whilst we do not use gluten in these dishes, they contain ingredients from third party suppliers who state that they are made in a factory that also handles gluten products.

DATE: 3rd January 2022

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES / Rustica olives															
BAGUETTE / Basket of stone-baked artisan baguette (WITH BUTTER)	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITHOUT BUTTER)	Y Whe Bar														
BAGUETTE & DIPS / Artisan Baguette with a selection of dips with Citrus Dip / Spicy citrus & coriander	Y Whe Bar							Y	Y		Y			Y	

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
with Saffron Rouille / Mayonnaise									Y						
with Spiced Aubergine & Mushroom								Y			Y			Y	
ANCHOVY APPETISER	Y Whe Rye			Y						Y					
MUSCAT PUMPKIN & ALMOND SOUP, toasted pumpkin seeds	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal						Y	Y	
Braised beetroot, pear & winter coleslaw salad, walnut & balsamic dressing	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y		Y		Y	Y	
Grilled goat's cheese, braeburn apple, olive & green bean salad, Dijon mustard dressing										Y		Y		Y	
Steamed, pan fried chicken leg, tomato & Mediterranean vegetables; lemon thyme sauté potatoes											Y	Y		Y	
SMOKED HADDOCK & SAFFRON RISOTTO free range poached egg, lemon butter, grana cheese				Y					Y	Y				Y	
Pasta Penne with courgetti, baby spinach; basil, walnut & garlic pesto, toasted walnut garnish	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal				Y		Y		
STEAK FRITES 'EXPRESS' / MINUTE STEAK	M Whe									Y		Y		Y	

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CHOCOLATE & ALMOND TORTE vanilla crème anglaise	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y		Y	
STEAMED TREACLE SPONGE PUDDING, COINTREAU SAUCE, SALTED CARAMEL ICE CREAM VEGAN	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
CREME CARAMEL crisp vanilla biscuit	Y Whe							Y	Y	Y		Y		Y	
FRENCH FRIES / CHIPS	M Whe														
SKINNY SWEET POTATO FRIES	M Whe														
BUTTERED KALE										Y					
FRENCH BEANS										Y					
TRUFFLE MASH										Y					
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
WINTER COLESLAW	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y	Y			Y	

* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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