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DATE: 3rd January 2022

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
BUFFET MINI BLUEBERRY MUFFINS	Y Whe							M	Y	Y			M		
BUFFET MINI CHOCOLATE TWISTS	Y Whe						M Unknown	Y	Y	Y					
BUFFET MINI CROISSANT	Y Whe						M Unknown	M	Y	Y			M		
BUFFET MINI DANISH ASSORTMENT	Y Whe						M Unknown	Y	Y	Y					

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BUFFET MINI DOUBLE CHOCOLATE MUFFINS	Y Whe							Y	Y	Y			M		
BUFFET MINI PAIN AUX CHOCOLATE	Y Whe						Y Alm Haz Wal	Y	Y	Y			Y		
BUFFET MINI PAIN AUX RAISIN	Y Whe						M Unknown	M	Y	Y					
BUFFET WHITE ENGLISH MUFFINS	Y Whe							Y					Y		
BUFFET BAKED BEANS															
BUFFET BREAKFAST SCRAMBLED EGG									Y	Y					
BUFFET CUMBERLAND SAUSAGES	Y Whe							Y		Y				Y	
BUFFET FRIED EGGS									Y	Y					
BUFFET HASH BROWNS															
BUFFET MUSHROOMS BUTTON SAUTEED										Y					
SMOKED BACK BACON (Hotel)															
BUFFET TOMATOES PLUM ROASTED HALVES															
BUFFET HAM COOKED SLICED															
BUFFET SALAMI SLICED							Y Unknown			Y					
BUFFET TURKEY COOKED SLICED	Y Unknown									Y					
BUFFET CHEESE BRIE PASTEURIZED										Y					

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BUFFET CHEESE CHEDDAR MATURE										Y					
BUFFET CHEESE EMMENTAL										Y					
BUFFET CHEESE GOUDA										Y					
BUFFET MILK - SEMI SKIMMED										Y					
BUFFET MILK - SOYA								Y							
BUFFET MILK - WHOLE										Y					
BUFFET MILK - WHOLE, FOR TABLES										Y					
BUFFET YOGURT ANN FORSHAW - NATURAL										Y					
BUFFET YOGURT ANN FORSHAW (125g) - FRUIT										Y					
EXTRAS : NATURAL YOGURT POT										Y					
BUFFET BUTTER FLORA PORTIONS 10gm															
BUFFET BUTTER PORTIONS 10gm										Y					
BUFFET HONEY PORTIONS 28gm															
BUFFET JAM APRICOT															
BUFFET JAM STAWBERRY															
BUFFET MAPLE SYRUP															
BUFFET MARMALADE ORANGE															
BUFFET MARMITE PORTIONS 8gm	Y Whe Rye Bar Oat										Y				

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BUFFET MUSTARD ENGLISH	Y Whe											Y			
BUFFET NUTELLA PORTIONS 15gm							Y Haz	Y		Y					
BUFFET TOMATO KETCHUP															
SAUCE HP BROWN	Y Whe Rye Bar														
ADD APPLE BRAEBURN															
BUFFET APPLES GRANNY SMITH															
BUFFET BANANAS WHOLE															
BUFFET GRAPES SEEDLESS														Y	
BUFFET MIXED BERRIES COMPOTE										Y					
BUFFET ORANGE SEGMENTS															
BUFFET PINK GRAPEFRUIT SEGMENTS															
BUFFET POACHED APRICOTS	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal							Y	
BUFFET POACHED PRUNES	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal						Y		
FRUIT SALAD - IN HOUSE															
BREAKFAST CEREALS KELLOGGS BRAN FLAKES	Y Whe Bar														

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BREAKFAST CEREALS MUESLI	Y Whe Bar Oat				Y		Y Alm Haz			Y					
HOUSE GRANOLA BOURNEMOUTH										Y					
BREAKFAST CEREALS KELLOGS COCO POPS	Y Bar														
BREAKFAST CEREALS KELLOGS CORN FLAKES	Y Bar														
BUFFET BREAD BLOOMER MULTI-CEREAL 440gm	Y Whe Bar						M Unknown	M		M			Y		
BUFFET BREAD BLOOMER WHITE 440gm	Y Whe						M Unknown	M		M			M		
BUFFET CEREALS KELLOGS CRUNCHY NUTS	Y Bar				Y										
BUFFET CEREALS KELLOGS FROSTIES	Y Bar														
BUFFET CEREALS KELLOGS WEETABIX	Y Whe Bar														
BUFFET JUICE CRANBERRY															
BUFFET JUICE FRESH APPLE															
BUFFET JUICE FRESH GRAPEFRUIT															
BUFFET JUICE FRESH ORANGE															
SAUSAGES - VEGETARIAN	Y Whe Bar								Y	Y					
ADD SMOKED SALMON				Y											

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EXTRAS : FREE RANGE EGG									Y					Y	
HOUSE PORRIDGE	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal			Y			Y		
SELECTION OF DIPS (with gluten-free bread)									Y						
ADD CHEDDAR MATURE										Y					
ADD HAM DICED															
ADD MUSHROOMS SLICED															
ADD ONIONS DICED															
ADD PEPPERS DICED															
ADD TOMATO CONCASSE															

* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats

Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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