

OUR GLUTEN-FREE & DAIRY-FREE DISHES

Please use this in conjunction with the à la carte menu to help you to choose dishes that best suit your dietary requirements.

NIBBLES

- RUSTICA OLIVES (gf) (df) 145kcal
BAGUETTE (gf) with gluten-free bread 332kcal | (df) without butter 113kcal
BAGUETTE with DIPS (gf) (df) with gluten-free bread 510kcal

STARTERS

- ASPARAGUS with SOFT POACHED EGG (df) 394kcal
POTTED CORNISH CRAB with AVOCADO GUACAMOLE (gf) with gluten-free bread 383kcal
CHICKEN LIVER PARFAIT (gf) with gluten-free bread 602kcal
MOROCCAN MEZZE PLATTER (df) 573kcal
MORTEAU SAUSAGE & POTATO SALAD (df) (may contain gluten) 694kcal
PEA & BROAD BEAN SALAD (df) (may contain gluten) 287kcal
CLASSIC SALMON GRAVADLAX (gf) 231kcal
ESCARGOTS (gf) with gluten-free bread 401kcal

MAINS

- RAINBOW BEETROOT SALAD (df) with vegan crème fraîche 465kcal | (gf) without croutons 326kcal
ROAST BUTTERNUT SQUASH with FETA (df) without feta 960kcal
SALMON & SMOKED HADDOCK FISH CAKE (gf) (df) 770kcal
DUCK LEG CONFIT with CITRUS SAUCE (gf) 1315kcal
SMOKED PORK BELLY with RHUBARB (may contain gluten) 1036kcal
AUBREY ALLEN STEAKS with French fries, green salad & tomato (may contain gluten)
Sauces: Café de Paris 140kcal, Béarnaise 223kcal, Roquefort 130kcal & peppercorn 43kcal (gf)
GRILLED SALMON FILLET with TOMATO HOLLANDAISE (may contain gluten) 906kcal
MOROCCAN MEZZE PLATTER (df) 921kcal
MALABAR FISH CURRY with TOASTED COCONUT (may contain gluten) 613kcal

SIDES

- FRENCH FRIES (df) (may contain gluten) 379kcal
FRENCH BEANS (gf) 178kcal
SWEET POTATO FRIES (df) (may contain gluten) 400kcal
MINTED NEW POTATOES (gf) 254kcal
MIXED LEAF SALAD (gf) (df) 11kcal
HOUSE COLESLAW (may contain gluten) 153kcal
MIXED GREENS (gf) (df) 95kcal

DESSERTS

- ZESTY LEMON PARFAIT (gf) without cocoa & almond tuile 292kcal
CHOCOLATE FONDANT (gf) 617kcal
MANGO & PINEAPPLE CRUMBLE (df) 391kcal | (gf) without coconut flakes 292kcal
JUDE'S ICE CREAM & SORBETS (gf) without Gavotte biscuit



SCAN FOR
ALLERGENS

(gf) gluten-free (df) dairy-free

Where dish is shown as MAY CONTAIN GLUTEN, whilst we do not use gluten in these dishes, they contain ingredients from third party suppliers who state that they are made in a factory that also handles gluten products.

Some of our dishes may contain olive stones, date stone or fish bones. Adults need around 2000kcal per day.

ALLERGENS: Please scan the QR code for allergen information or speak to your server. Whilst we have protocols in place to address the risk of cross-contamination of allergens, we cannot guarantee their total absence in our food & drink.

