

Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Y = Contains

M = May Contain

Where an allergen is shown as M this dish MAY CONTAIN gluten. Whilst we do not use gluten in these dishes, they contain ingredients from third party suppliers who state that they are made in a factory that also handles gluten products.

DATE: 21st March 2022

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
FULL BREAKFAST : ENGLISH	Y Whe Rye							Y	Y	Y	Y			Y	
FULL BREAKFAST : VEGETARIAN	Y Whe Rye								Y						
EGGS : BENEDICT (HAM)	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
EGGS : FLORENTINE (SPINACH)	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
EGGS : ROYALE (SMOKED SALMON)	Y Whe			Y	Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
OMELETTE									Y	Y					
SCRAMBLED FREE-RANGE EGGS ON TOASTED SOURDOUGH	Y Whe Rye								Y	Y					
SMOKED SALMON & SCRAMBLED FREE-RANGE EGGS ON TOASTED SOURDOUGH	Y Whe Rye			Y					Y	Y					
Avocado on toast with poached free-range eggs;Pickering watercress, olive oil, chive & chilli dressing	Y Whe Rye								Y		Y	Y		Y	
CINNAMON FRENCH TOAST	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
FRUIT PLATTER										Y					
HOUSE GRANOLA	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal			Y			Y		
ADD BANANAS															
ADD BERRIES										Y					

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
ADD HONEY															
ADD NUTELLA							Y Haz	Y		Y					
BOULANGERIE : CROISSANT WITH BUTTER AND A SELECTION OF JAM	Y Whe						Y Alm Haz Wal	Y	Y	Y			Y		
BOULANGERIE : PAIN AU CHOCOLATE	Y Whe						Y Alm Haz Wal	Y	Y	Y			Y		
BOULANGERIE : PAIN AUX RAISINS	Y Whe						Y Alm Haz Wal	Y	Y	Y			Y		
EXTRAS : AVOCADO															
EXTRAS : SMOKED BACK BACON															
EXTRAS : CUMBERLAND SAUSAGES	Y Whe							Y		Y				Y	
EXTRAS : FREE RANGE EGG									Y					Y	
EXTRAS : BAKED BEANS															
EXTRAS : BLACK PUDDING	Y Unknown									Y	Y				
EXTRAS : NATURAL YOGURT POT										Y					

■ Yes
 ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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