

Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Y = Contains

M = May Contain

Where an allergen is shown as M this dish MAY CONTAIN gluten. Whilst we do not use gluten in these dishes, they contain ingredients from third party suppliers who state that they are made in a factory that also handles gluten products.

DATE: 4th July 2022

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
HOTEL FULL BREAKFAST : ENGLISH	Y Whe Rye Bar Oat							Y	Y	Y	Y			Y	
HOTEL FULL BREAKFAST : VEGETARIAN	Y Whe Rye Bar Oat								Y	Y					
EGGS : BENEDICT (HAM)	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
EGGS : FLORENTINE (SPINACH)	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
EGGS : ROYALE (SMOKED SALMON)	Y Whe			Y	Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
OMELETTE									Y	Y					
SCRAMBLED EGGS ON TOASTED SOURDOUGH	Y Whe Bar								Y	Y					
SMOKED SALMON & SCRAMBLED EGGS ON TOASTED SOURDOUGH	Y Whe Bar			Y					Y	Y					
AVOCADO on TOAST toasted sourdough, two poached eggs, chilli, watercress	Y Whe Bar								Y		Y	Y		Y	
FRUIT PLATTER										Y					
HOUSE GRANOLA	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal			Y			Y		
CINNAMON FRENCH TOAST	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y		
ADD BANANAS															
ADD BERRIES										Y					

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
ADD HONEY															
ADD NUTELLA							Y Haz	Y		Y					
BOULANGERIE : CROISSANT WITH BUTTER AND A SELECTION OF JAM	Y Whe						Y Alm Haz Wal	Y	Y	Y			Y		
BOULANGERIE : PAIN AU CHOCOLATE	Y Whe						Y Alm Haz Wal	Y	Y	Y			Y		
BOULANGERIE : PAIN AUX RAISINS	Y Whe						Y Alm Haz Wal	Y	Y	Y			Y		
MINI DANISH PASTRIES SELECTION (THREE EACH)	Y Whe						Y Alm Haz Wal	Y	Y	Y			Y		
EXTRAS : AVOCADO															
EXTRAS : BAKED BEANS															
EXTRAS : BLACK PUDDING	Y Unknown									Y	Y				
EXTRAS : CUMBERLAND SAUSAGES	Y Whe							Y		Y				Y	
EXTRAS : FREE RANGE EGG									Y					Y	
EXTRAS : NATURAL YOGURT POT										Y					
EXTRAS : SMOKED BACK BACON															
Cranberry Juice 1ltr 200ml															
Fresh Apple Juice															

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Fresh Orange Juice															
Fresh Pink Grapefruit Juice															
Pineapple Juice 1ltr 200ml															

■ Yes
 ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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