

Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Y = Contains

M = May Contain

Where an allergen is shown as M this dish MAY CONTAIN gluten. Whilst we do not use gluten in these dishes, they contain ingredients from third party suppliers who state that they are made in a factory that also handles gluten products.

DATE: 4th July 2022

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES / Rustica olives															
BAGUETTE / Basket of stone-baked artisan baguette (WITH BUTTER)	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITHOUT BUTTER)	Y Whe Bar														
BAGUETTE & DIPS / Artisan Baguette with a selection of dips	Y Whe Bar							Y	Y		Y			Y	

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
with Spiced Aubergine & Mushroom								Y			Y			Y	
with Citrus Dip / Spicy citrus & coriander															
with Saffron Rouille / Mayonnaise									Y						
ANCHOVY APPETISER	Y Whe Bar			Y						Y					
BREAD GLUTEN FREE									Y						
CHEESE SOUFFLE with Ford Farm Coastal Cheddar sauce	Y Whe Bar							Y	Y	Y		Y			
MEDITERRANEAN FISH SOUP	Y Whe Bar			Y					Y	Y				Y	
ESCARGOTS / SNAILS	Y Whe Bar		Y							Y				Y	
CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y	Y	Y	
PEA & BROAD BEAN SALAD	M Whe										Y	Y		Y	
POTTED DEVON CRAB with AVOCADO GUACAMOLE, prawn butter	Y Whe Bar	Y								Y				Y	
MOROCCAN MEZZE PLATTER	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y					Y	Y	

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ROAST OUTDOOR REARED BRITISH PORK with apple sauce	Y Whe							Y	Y	Y	Y			Y	
HALF A ROAST GRAIN-FED GARDEN CHICKEN	Y Whe							Y	Y	Y	Y			Y	
ROAST BEEF grass-fed British beef with horseradish sauce	Y Whe							Y	Y	Y	Y	Y		Y	
BEETROOT & SMOKED CHEDDAR CHEESE PARCEL with orange zest & truffled artichoke pesto	Y Whe							Y	Y	Y	Y			Y	
PAN-FRIED SEA BREAM with BOUILLABAISE SAUCE	Y Whe Bar		Y	Y					Y	Y				Y	
GRILLED SQUID with CHILLI & GINGER (Main)			Y											Y	
DUCK LEG CONFIT with CITRUS SAUCE										Y				Y	
RAINBOW BEETROOT SALAD with Goat's Curd & Croutons	Y Whe Bar									Y	Y	Y		Y	
RAINBOW BEETROOT SALAD with Vegan Creme Fraiche	Y Whe Bar Oat										Y	Y		Y	
ROAST BUTTERNUT SQUASH with FETA	Y Whe Rye Bar Oat				Y		Y	Y		Y	Y	Y	Y	Y	
ROAST BUTTERNUT SQUASH without Feta	Y Whe Rye Bar Oat				Y		Y	Y			Y	Y	Y	Y	
STEAK FRITES (RUMP 8oz) with Chips, Green Salad, Garlic Tomato & Cafe de Paris butter	M Whe			Y					Y	Y		Y		Y	

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FREE RANGE BEEF BURGER (Brioche Bun)	Y Whe						Y Wal	Y	Y	Y		Y	Y	Y	
ADD : Chorizo Ketchup											Y			Y	
ADD : Gorgonzola										Y					
ADD : Emmental										Y					
ADD : Bacon															
MALABAR FISH CURRY with TOASTED COCONUT (Haddock)	M Whe Rye Bar Oat	Y		Y	Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			Y	Y	Y	Y	
FRENCH FRIES / CHIPS	M Whe														
BUTTERED FRENCH BEANS										Y					
SWEET POTATO FRIES	M Whe														
MINTED NEW POTATOES										Y					
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
HOUSE COLESLAW	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y	Y			Y	

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MIXED GREENS spinach, leeks, baby gem & peas															
SUMMER BERRY SAVARIN	Y Whe							Y	Y	Y				Y	
MANGO & PINEAPPLE CRUMBLE	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y				Y	
PISTACHIO SOUFFLE	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y		Y	
CHOCOLATE FONDANT								Y	Y	Y		Y		Y	
STICKY TOFFEE PUDDING, cocoa & citrus crisp, creme fraiche	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
JUDE'S ICE CREAM Choose from : Vanilla (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
JUDE'S ICE CREAM Choose from : Strawberry (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
JUDE'S ICE CREAM Choose from : Chocolate (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					

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JUDE'S ICE CREAM Choose from : Salted Caramel (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
JUDE'S ICE CREAM Choose from : Coconut (Vegan)					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Raspberry					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Mango					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Lemon					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
JUDE'S SORBETS Blood Orange					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
with Gavotte Biscuit (for Ice Creams & Sorbets)	Y Whe Bar							Y		Y					
CHEESE SELECTION	Y Whe Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal			Y		Y	Y	Y	

* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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