

Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Y = Contains

M = May Contain

Where an allergen is shown as M this dish MAY CONTAIN gluten. Whilst we do not use gluten in these dishes, they contain ingredients from third party suppliers who state that they are made in a factory that also handles gluten products.

DATE: 4th July 2022

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES / Rustica olives															
BAGUETTE & DIPS / Artisan Baguette with a selection of dips	Y Whe Bar							Y	Y		Y			Y	
BAGUETTE / Basket of stone-baked artisan baguette (WITH BUTTER)	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITHOUT BUTTER)	Y Whe Bar														
with Citrus Dip / Spicy citrus & coriander															

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with Saffron Rouille / Mayonnaise									Y						
with Spiced Aubergine & Mushroom								Y			Y			Y	
ANCHOVY APPETISER	Y Whe Bar			Y						Y					
BREAD GLUTEN FREE									Y						
CUCUMBER GASPACHO lemon infused crème fraîche, cucumber & dill garnish	Y Whe Bar					Y				Y	Y			Y	
POTTED MACKEREL SMOKED rhubarb chutney, toasted garlic croutons	Y Whe Rye Bar Oat			Y				Y	Y	Y	Y	Y	Y	Y	
VINE RIPENED TOMATO & MARINATED FENNEL balsamic & fig leaf oil dressing														Y	
PAN-FRIED LEG of CHICKEN chermoula, roast tomato sauce, Mediterranean vegetables, lemon thyme sauté potatoes						Y					Y	Y			
PAN-FRIED HADDOCK poached egg, Savoy cabbage, white wine potatoes, lemon & chive beurre blanc				Y					Y	Y				Y	
PENNE PASTA with BASIL PESTO, SPINACH & COURGETTE toasted walnuts (with cheese)	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal			Y	Y		Y		
PENNE PASTA with BASIL PESTO, SPINACH & COURGETTE toasted walnuts (without cheese)	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal				Y		Y		

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STEAK FRITES 'EXPRESS' / MINUTE STEAK	M Whe									Y		Y		Y	
CHOCOLATE MARQUISE, rich chocolate mousse, crushed nougatine brittle, hazelnut crème anglaise	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y		Y	
STRAWBERRY FOOL vanilla biscuit	Y Whe							Y	Y	Y		Y		Y	
GOOSEBERRY & APPLE CRUMBLE ginger & citrus crumble, Jude's vanilla ice cream					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y					
FRENCH FRIES / CHIPS	M Whe														
BUTTERED FRENCH BEANS										Y					
SWEET POTATO FRIES	M Whe														
MINTED NEW POTATOES										Y					
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
HOUSE COLESLAW	M Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y	Y			Y	

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MIXED GREENS spinach, leeks, baby gem & peas															

* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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