

Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Y = Contains

M = May Contain

Where an allergen is shown as M this dish MAY CONTAIN gluten. Whilst we do not use gluten in these dishes, they contain ingredients from third party suppliers who state that they are made in a factory that also handles gluten products.

DATE: 4th July 2022

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
BAGUETTE / Basket of stone-baked artisan baguette (WITH BUTTER)	Y <small>Whe Bar</small>									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITHOUT BUTTER)	Y <small>Whe Bar</small>														
CHEESE SOUFFLE with Ford Farm Coastal Cheddar sauce	Y <small>Whe Bar</small>							Y	Y	Y		Y			
FRESHWATER TROUT GRAVADLAX				Y		Y				Y	Y	Y		Y	

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PEA & BROAD BEAN SALAD	M Whe										Y	Y		Y	
ROAST BUTTERNUT SQUASH with FETA	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y		Y	Y	Y	Y	Y	
ROAST BUTTERNUT SQUASH without Feta	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			Y	Y	Y	Y	
PAN-FRIED SEA BREAM with BOUILLABAISE SAUCE	Y Whe Bar		Y	Y					Y	Y				Y	
PAN-FRIED CHICKEN with MORELS & SHERRY SAUCE (Leeks)										Y	Y	Y		Y	
SIRLOIN STEAK 8oz, mixed leaf salad, French fries & a garlic tomato, bearnaise sauce	M Whe								Y	Y		Y		Y	
CHOCOLATE FONDANT								Y	Y	Y		Y		Y	
PISTACHIO SOUFFLE	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y		Y		Y	
SUMMER BERRY SAVARIN	Y Whe							Y	Y	Y				Y	
CHEESE SELECTION	Y Whe Bar						Y Alm Brz Cas Haz Mac Pec Pis Wal			Y		Y	Y	Y	

* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts

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