

Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Y = Contains

M = May Contain

Where an allergen is shown as M this dish MAY CONTAIN gluten. Whilst we do not use gluten in these dishes, they contain ingredients from third party suppliers who state that they are made in a factory that also handles gluten products.

DATE: 22nd March 2023

Allergens

| Dish | Gluten | Crustaceans | Molluscs | Fish | Peanuts | Lupin | Tree Nuts | Soya | Eggs | Milk | Celery | Mustard | Sesame | Sulphur Dioxide | Unknown Allergens |
|-------------------------------------|----------|-------------|----------|------|---------|-------|-----------|------|------|------|--------|---------|--------|-----------------|-------------------|
| BUFFET HASH BROWNS | M Whe | | | | | | | | | | | | | | |
| BUFFET TOMATOES PLUM ROASTED HALVES | | | | | | | | | | | | | | | |
| BUFFET BAKED BEANS | | | | | | | | | | | | | | | |
| BUFFET MUSHROOMS BUTTON | | | | | | | | | | | | | | | |
| BUFFET CUMBERLAND SAUSAGES | Y Whe | | | | | | | Y | | | | | | Y | |

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|--|-------------------------|-------------|----------|------|---------|-------|---|------|------|------|--------|---------|--------|-----------------|-------------------|
| BUFFET SMOKED BACK BACON | | | | | | | | | | | | | | | |
| BUFFET BREAKFAST SCRAMBLED EGG | | | | | | | | | Y | Y | | | | | |
| BUFFET FRIED EGGS | | | | | | | | | Y | | | | | | |
| BUFFET DROP SCONES | Y Whe | | | | | | | Y | Y | Y | | | | | |
| BUFFER BREAD BROWN SLICED | Y Whe | | | | | | | Y | | | | | | | |
| BUFFET BREAD WHITE SLICED | Y Whe Rye Bar Oat | | | | | | | | | | | | | | |
| BUFFET BREAD GLUTEN FREE SLICED | | | | | | | | | Y | | | | | | |
| BUFFET ASSORTED BREAD ROLLS | Y Whe Rye Bar Oat | | | | | | Y Alm Brz Cas Haz Mac Pec Pis Wal | Y | Y | Y | | | Y | | |
| BUFFET BREAD BLOOMER MULTI-CEREAL SLICED | Y Whe Bar | | | | | | Y Unknown | Y | | Y | | | Y | | |
| BUFFET BREAD BLOOMER WHITE SLICED | Y Whe | | | | | | Y Unknown | Y | | Y | | | Y | | |
| BUFFET MINI CROISSANT | Y Whe | | | | | | Y Alm Haz Wal | M | Y | Y | | | Y | | |
| BUFFET MINI DANISH ASSORTMENT | Y Whe | | | | | | Y Alm Haz Wal | Y | Y | Y | | | Y | | |
| BUFFET TOMATOES CHERRY | | | | | | | | | | | | | | | |

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| BUFFET TURKEY COOKED SLICED | M Unknown | | | | | | | | | Y | | | | | |
| BUFFET SALAMI SLICED | | | | | | | | | | Y | | | | | |
| BUFFET HAM COOKED SLICED | | | | | | | | | | | | | | | |
| BUFFET FRUIT SALAD - IN HOUSE | | | | | | | | | | | | | | | |
| BUFFET POACHED APRICOTS | M Whe Rye Bar Oat | | | | Y | | Y Alm Brz Cas Haz Mac Pec Pis Wal | | | | | | | Y | |
| BUFFET POACHED PRUNES | M Whe Rye Bar Oat | | | | Y | | Y Alm Brz Cas Haz Mac Pec Pis Wal | | | | | | Y | | |
| BUFFET MELON GALIA SLICED | | | | | | | | | | | | | | | |
| BUFFET PINEAPPLE SLICED | | | | | | | | | | | | | | | |
| BUFFET BEETROOT BRAISED, RED | | | | | | | | | | | | | | | |
| BUFFET CARROTS BATTONS | | | | | | | | | | | | | | | |
| BUFFET BABY SPINACH | | | | | | | | | | | | | | | |
| BUFFET BANANAS WHOLE | | | | | | | | | | | | | | | |
| BUFFET APPLE BRAEBURN | | | | | | | | | | | | | | | |
| BUFFET CHEESE BRIE PASTEURIZED SLICED | | | | | | | | | | Y | | | | | |
| BUFFET CHEESE CAMEMBERT SLICED | | | | | | | | | | Y | | | | | |
| BUFFET CHEESE CHEDDAR MATURE SLICED | | | | | | | | | | Y | | | | | |

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| BUFFET CHEESE EMMENTAL SLICED | | | | | | | | | | Y | | | | | |
| BUFFET CHEESE GOUDA SLICED | | | | | | | | | | Y | | | | | |
| BUFFET MILK - SEMI SKIMMED | | | | | | | | | | Y | | | | | |
| BUFFET MILK - WHOLE | | | | | | | | | | Y | | | | | |
| BUFFET MILK - SOYA | | | | | | | | Y | | | | | | | |
| BUFFET MILK - OAT | Y Whe Rye Bar Oat | | | | | | | | | | | | | | |
| BUFFET YOGURT ANN FORSHAW - NATURAL | | | | | | | | | | Y | | | | | |
| BUFFET YOGURT ANN FORSHAW - FRUIT | | | | | | | | | | Y | | | | | |
| BUFFET SPREAD FLORA PORTIONS | | | | | | | | | | | | | | | |
| BUFFET BUTTER PORTIONS | | | | | | | | | | Y | | | | | |
| BUFFET HONEY PORTIONS | | | | | | | | | | | | | | | |
| BUFFET JAM APRICOT PORTIONS | | | | | | | | | | | | | | | |
| BUFFET JAM STAWBERRY PORTIONS | | | | | | | | | | | | | | | |
| BUFFET MAPLE SYRUP | | | | | | | | | | | | | | | |
| BUFFET MARMALADE ORANGE PORTIONS | | | | | | | | | | | | | | | |
| BUFFET MARMITE PORTIONS | Y Whe Rye Bar Oat | | | | | | | | | | Y | | | | |
| BUFFET NUTELLA PORTIONS | | | | | | | Y Haz | Y | | Y | | | | | |

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| BUFFET TOMATO KETCHUP | | | | | | | | | | | | | | | |
| BUFFET SAUCE HP BROWN | Y Whe Rye Bar | | | | | | | | | | | | | | |
| BUFFET DRESSING CLASSIC FRENCH | | | | | | | | | | | | Y | | Y | |
| BREAKFAST CEREALS GRANOLA | Y Whe Rye Bar Oat | | | | | | Y Alm Brz Cas Haz Pec Pis | | | | | | | | |
| BREAKFAST CEREALS KELLOGS BRAN FLAKES | Y Whe Bar | | | | | | | | | | | | | | |
| BREAKFAST CEREALS MUESLI | Y Whe Bar Oat | | | | Y | | Y Alm Brz Cas Haz Mac Pec Pis Wal | | | Y | | | | | |
| BREAKFAST CEREALS KELLOGS COCO POPS | Y Bar | | | | | | | | | Y | | | | | |
| BREAKFAST CEREALS KELLOGS CORN FLAKES | Y Bar | | | | | | | | | | | | | | |
| BREAKFAST CEREALS KELLOGS FROSTIES | Y Bar | | | | Y | | | | | | | | | | |
| BREAKFAST CEREALS CORN FLAKES GLUTEN FREE | | | | | | | | | | | | | | | |
| BUFFET WALNUT HALVES | M Whe Rye Bar Oat | | | | Y | | Y Alm Brz Cas Haz Mac Pec Pis Wal | | | | | | Y | | |

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| BUFFET SUNFLOWER SEEDS | M Whe Rye Bar Oat | | | | Y | | Y Alm Brz Cas Haz Mac Pec Pis Wal | | | | | | | | |
| BUFFET PUMPKIN SEEDS | M Whe Rye Bar Oat | | | | Y | | Y Alm Brz Cas Haz Mac Pec Pis Wal | | | | | | Y | | |
| BUFFET COCONUT FLAKES | M Whe Rye Bar Oat | | | | Y | | Y Alm Brz Cas Haz Mac Pec Pis Wal | | | | | | | Y | |
| BUFFET JUICE CRANBERRY | | | | | | | | | | | | | | | |
| BUFFET JUICE FRESH APPLE | | | | | | | | | | | | | | | |
| BUFFET JUICE FRESH ORANGE | | | | | | | | | | | | | | | |
| BUFFET SAUSAGES - VEGETARIAN | Y Whe | | | | | | | | | | | | | | |
| BUFFET SMOKED SALMON | | | | Y | | | | | | | | | | | |
| BUFFET GUACAMOLE | | | | | | | | | | | | | | | |
| EXTRAS : FREE RANGE EGG | | | | | | | | | Y | | | | | Y | |
| HOUSE PORRIDGE | Y Whe Rye Bar Oat | | | | Y | | Y Alm Brz Cas Haz Mac Pec Pis Wal | | | Y | | | Y | | |
| OMELETTE PLAIN (No Butter) | | | | | | | | | Y | | | | | | |
| ADD ONIONS RED DICED | | | | | | | | | | | | | | | |

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| ADD ONIONS SPRING SLICED | | | | | | | | | | | | | | | |
| ADD PEPPERS RED DICED | | | | | | Y | | | | | Y | | | | |
| ADD CHEDDAR MATURE GRATED | | | | | | | | | | Y | | | | | |
| ADD MUSHROOMS DICED | | | | | | | | | | | | | | | |
| ADD GRUYERE GRATED | | | | | | | | | | Y | | | | | |
| ADD HAM DICED | | | | | | | | | | | | | | | |
| ADD TOMATO CONCASSE | | | | | | | | | | | | | | | |

* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

| | Allergen |
|-----|-------------|
| Whe | Wheat |
| Rye | Rye |
| Bar | Barley |
| Oat | Oats |
| Alm | Almonds |
| Brz | Brazil Nuts |
| Cas | Cashews |
| Haz | Hazelnuts |

| | |
|-----|-----------|
| Mac | Macadamia |
| Pec | Pecan |
| Pis | Pistachio |
| Wal | Walnuts |

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