

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES / Rustica olives - ALC								Y							
BAGUETTE unsalted butter / Basket of stone-baked artisan baguette	Y Whe									Y					
BAGUETTE & DIPS / Artisan baguette with a selection of dips	Y Whe Rye Bar Oat								Y	Y				Y	
ANCHOVY APPETISER	Y Whe Rye			Y						Y					
ANCHOVY APPETISER WITH GLUTEN FREE BREAD				Y					Y	Y					
BASKET OF BREAD - GLUTEN FREE									Y						
BASKET OF BREAD - GLUTEN FREE WITH BUTTER									Y	Y					
BASKET OF BREAD - WITHOUT BUTTER	Y Whe														

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CHEESE SOUFFLE	Y Whe								Y	Y					
MEDITERRANEAN FISH SOUP	Y Whe			Y					Y	Y				Y	
MEDITERRANEAN FISH SOUP - GLUTEN FREE				Y					Y	Y				Y	
CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y		Y	Y	
CHICKEN LIVER PARFAIT WITH GLUTEN FREE BREAD									Y	Y	Y			Y	
MUSSELS with MARINIERE SAUCE (Starter)	Y Whe		Y							Y	Y			Y	
MUSSELS with MARINIERE SAUCE (Starter) WITH GLUTEN FREE BREAD			Y						Y	Y	Y			Y	
MUSSELS with RED THAI CURRY SAUCE (Starter)	Y Whe	Y	Y												
MUSSELS with RED THAI CURRY SAUCE (Starter) WITH GLUTEN FREE BREAD		Y	Y						Y						
ESCARGOTS	Y Whe		Y							Y					
ESCARGOTS WITH GLUTEN FREE BREAD			Y						Y	Y					
INDIAN SPICED SAMOSAS	Y Whe						Y Cas								

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MOROCCAN MEZZE PLATTER	Y <small>Whe Bar</small>						Y <small>Cas</small>	Y				Y	Y	Y	
ASPARAGUS with SOFT POACHED EGG									Y						
GRILLED LIGHTLY SMOKED SALMON with BEETROOT & HORSERADISH				Y					Y	Y		Y		Y	
POTTED CORNISH CRAB with AVOCADO	Y <small>Whe Rye</small>	Y								Y	Y			Y	
POTTED CORNISH CRAB & AVOCADO WITH GLUTEN FREE BREAD		Y							Y	Y	Y			Y	
DUCK LEG CONFIT with CITRUS SAUCE:										Y	Y			Y	
SMOKED PORK BELLY with PINK CHAMPAGNE RHUBARB:										Y		Y		Y	
SALMON & SMOKED HADDOCK FISHCAKE, TARTARE SAUCE	Y <small>Whe</small>			Y					Y	Y				Y	
FREE RANGE CORNISH BEEF BURGER	Y <small>Whe</small>								Y		Y	Y		Y	
KING SCALLOP BROCHETTE			Y												
GRILLED SALMON FILLET with TOMATO HOLLANDAISE	Y <small>Whe</small>			Y					Y	Y	Y	Y		Y	
GRILLED SALMON FILLET with TOMATO HOLLANDAISE WITHOUT FRIES				Y					Y	Y	Y	Y		Y	
SLOW-COOKED BOEUF BOURGUIGNON	Y <small>Bar</small>									Y	Y			Y	

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MOULES FRITES with Marinière Sauce	Y Whe		Y							Y	Y			Y	
MOULES FRITES with Marinière Sauce WITHOUT FRIES			Y							Y	Y			Y	
MOULES FRITES with red Thai curry sauce	Y Whe	Y	Y												
MOULES FRITES with red Thai curry sauce WITHOUT FRIES		Y	Y												
GUNPOWDER CHICKEN with PAPAYA SALAD	Y Whe						Y Cas	Y			Y	Y		Y	
MALABAR FISH CURRY with TOASTED COCONUT	Y Whe	Y		Y								Y			
MALABAR FISH CURRY with TOASTED COCONUT (WITHOUT CRISPY SHALLOTS)		Y		Y								Y			
GRILLED COD with PRESERVED LEMON MARINADE & CHILLI SQUID			Y	Y					Y	Y				Y	
LAMB TAGINE	Y Whe						Y Alm Pis	Y		Y	Y			Y	
LAMB TAGINE WITHOUT COUS COUS								Y		Y	Y			Y	
TOMATO & SPRING VEGETABLE RISOTTO									Y	Y	Y			Y	
HARISSA- GLAZED AUBERGINE with BUTTERNUT SQUASH	Y Whe							Y					Y	Y	
HARISSA- GLAZED AUBERGINE with BUTTERNUT SQUASH (WITHOUT FLAT BREAD)								Y					Y	Y	

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'LE GRAND' STEAK FRITES	Y Whe			Y						Y					
'LE GRAND' STEAK FRITES WITHOUT FRITES				Y						Y					
'LE GRAND' STEAK FRITES WITHOUT FRITES, CAFE DE PARIS & REGULAR BUTTER															
CHATEAUBRIAND for TWO 16oz NO FRITES										Y					
FILLET STEAK 8oz										Y					
ADD A SAUCE : Butter Cafe de Paris				Y						Y					
ADD A SAUCE: Béarnaise									Y	Y	Y			Y	
ADD A SAUCE: Pepper Sauce										Y				Y	
ADD A SAUCE: Roquefort	Y Whe									Y					
FRENCH FRITES	Y Whe														
MINTED NEW POTATOES										Y					
SWEET POTATO WEDGES zesty lime mayonnaise	Y Whe								Y						
SPINACH with Wyke Farm Cheddar sauce	Y Whe									Y					
THAI GREEN LEAF SALAD WITH CASHEWS							Y Cas				Y	Y			
MIXED SPRING GREENS										Y					

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MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	
Choice of dressing: house balsamic with fig leaf oil														Y	
ROQUETTE & GRANA PADONO SALAD									Y	Y				Y	
PINK CHAMPAGNE RHUBARB & CUSTARD with CINDER TOFFEE									Y	Y				Y	
CHOCOLATE FEUILLANTINE	Y Whe Rye						Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y				Y	
STICKY TOFFEE PUDDING, Normandy crème fraiche & crunchy nougatine	Y Whe				Y		Y Alm		Y	Y				Y	
SUMMER BERRY PAVLOVA								Y	Y	Y				Y	
PISTACHIO SOUFFLE	Y Whe						Y Pis	Y	Y	Y				Y	
JUDE'S ICE CREAM Choose from : Chocolate (Vegan)															
JUDE'S ICE CREAM Choose from : Coconut (Vegan)															
JUDE'S ICE CREAM Choose from : Salted Caramel (Vegan)								Y							
JUDE'S ICE CREAM Choose from : Strawberry (Vegan)					Y		Y Unknown	Y							
JUDE'S ICE CREAM Choose from : Vanilla (Vegan)								Y							
JUDE'S SORBETS Blackcurrant															

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JUDE'S SORBETS Chocolate								Y							
JUDE'S SORBETS Green Apple															
JUDE'S SORBETS Lemon															
JUDE'S SORBETS Mango															
JUDE'S SORBETS Raspberry															
with Gavotte Biscuit	Y Whe Bar							Y		Y					
SELECTION of FIVE FRENCH CHEESES BB	Y Whe Rye Bar Oat					Y	Y Wal			Y	Y	Y		Y	
SELECTION of FIVE FRENCH CHEESES WITHOUT BISCUITS & NUTS AND WITH GLUTEN FREE BREAD						Y			Y	Y	Y	Y		Y	
SELECTION of FIVE FRENCH CHEESES WITHOUT BISCUITS AND WITH GLUTEN FREE BREAD						Y	Y Wal		Y	Y	Y	Y		Y	
SELECTION of FIVE FRENCH CHEESES WITHOUT BISCUITS, NUTS, CHUTNEY AND WITH GLUTEN FREE BREAD									Y	Y					

■ Yes
 ■ May Contain

	Allergen
Whe	Wheat
Rye	Rye

Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts

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