

ALLERGENS: Please let us know of any allergies before you order. Whilst we have kitchen protocols in place to address the risk of cross-contamination of allergens, kitchens are busy environments so we cannot guarantee their total absence in our dishes.

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
OLIVES / Rustica olives															
BAGUETTE & DIPS / Artisan Baguette with a selection of dips	Y Whe Bar							Y	Y		Y			Y	
with Citrus Dip / Spicy citrus & coriander															
with Saffron Rouille / Mayonnaise									Y						
with Spiced Aubergine & Mushroom								Y			Y			Y	
BAGUETTE / Basket of stone-baked artisan baguette (WITH BUTTER)	Y Whe Bar									Y					
BAGUETTE / Basket of stone-baked artisan baguette (WITHOUT BUTTER)	Y Whe Bar														
ANCHOVY APPETISER	Y Whe Rye			Y						Y					

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CHICKEN LIVER PARFAIT	Y Whe				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y	Y		Y	Y	
POTTED CORNISH CRAB with AVOCADO GUACAMOLE, prawn butter	Y Whe Rye	Y								Y				Y	
MOROCCAN MEZZE PLATTER	Y Whe Bar						Y Cas	Y				Y	Y	Y	
LE GRAND STEAK FRITES Cornish rump steak (9oz), French fries, 'Café de Paris' herb & mustard butter	Y Whe			Y						Y					
FREE RANGE CORNISH BEEF BURGER	Y Whe Rye								Y			Y		Y	
ADD : Gorgonzola									Y	Y					
ADD : Chorizo Ketchup									Y	Y	Y			Y	
FISH AND CHIPS	Y Whe Bar			Y					Y					Y	
HALLOUMI BURGER with HOUSE COLESLAW	Y Whe								Y	Y	Y	Y		Y	
JACKFRUIT FRITTERS with GREEN PAPAYA SALAD (Main)							Y Cas	Y					Y	Y	
FRENCH FRIES / CHIPS	Y Whe														
MIXED LEAF SALAD without dressing												Y			
Choice of dressing: classic French												Y		Y	

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Choice of dressing: house balsamic with fig leaf oil														Y	
STICKY TOFFEE PUDDING, Normandy crème fraiche & crunchy nougatine	Y Whe				Y		Y Alm		Y	Y				Y	
CHERRY AMANDINE	Y Whe						Y Alm Pis		Y	Y		Y		Y	
CHEESE SELECTION	Y Whe Bar					Y	Y Alm Brz Cas Haz Mac Pec Pis Wal			Y		Y		Y	
The Ulti-mutt Burger – beefburger in a sourdough bun with lettuce and tomato	Y Whe														
ADD : Comte Cheese										Y					
ADD : Bacon															
ADD : Crunchy Pickles												Y			
ADD : Homemade Tomato Chutney														Y	
Grilled Cod- simply cooked & tasty				Y											
Penne pasta with homemade pesto & cheese										Y					
Penne pasta with homemade tomato sauce & cheese						Y				Y	Y			Y	
Choice of sides : Steamed Seasonal Vegetables															
Choice of sides : French Fries	Y Whe														
Choice of sides : Sweet Potato Fries	Y Whe														

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Choice of sides : Crunchy Carrot & Cucumber Sticks															
STICKY TOFFEE PUDDING, Normandy crème fraiche & crunchy nougatine (Room service)	Y Whe				Y		Y Alm		Y	Y				Y	
LITTLE JUDES MILK LOLLIES					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					
SWEET POTATO CURRY, CHICKPEA & SPINACH rice, poppadoms												Y			
RIGATONI PASTA , Grana Padano Cheese, tomato sauce	Y Whe								Y	Y				Y	
RIGATONI PASTA , Grana Padano Cheese, Bolognese sauce	Y Whe								Y	Y					

Yes
 May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts

Cas	Cashew Nuts
Haz	Hazelnuts
Mac	Macedamia Nuts
Pec	Pecan
Pis	Piastachios
Wal	Walnuts

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